

### **Trail Safety**

- Mountain biking and cross-country running are inherently dangerous.
- Riders and runners must assess their skill level and equipment before each trail use.
- Use at your own risk.
- Trail users under the age of 18 must have permission from their guardian.
- Riders must wear a helmet, no exceptions.
- Bikes and pedestrians must provide an audible warning before passing. A courteous "Hello" is recommended.
- One earbud only. No amplified sound. Be able to hear your surroundings.

### **Trail Direction and Right-of Way**

- All trail users must yield at greenway crossings / greenway traffic
- Bikes travel counterclockwise. Runners and hikers travel clockwise. This is mandatory.
- To pass oncoming traffic, stay right.
- Hikers yield to runners and bikes. Step to your right. Remain aware.
- Advanced riders should be prepared to slow down. Remember the trail is shared with beginner mountain bikers, cross-country runners and hikers.

### **Rules of the Trail**






- Ride / run only on the marked trail.
- Do not stop on the trail. Step off the trail.
- Ride / run at a responsible, controlled speed and within your ability.
- No unauthorized trail-work allowed. NCGS 14-127.
- No pets. Pets are welcome on the greenway.
- No Strava KOMs, PBs or any discourteous behavior.

### **Trail Closures**

- Trail damage including using a wet or closed trail is a Class 1 misdemeanor. NCGS 14-127.
- To preserve the tread surface, the trail closes when wet. If you are leaving a rut or shoe print the trail is too wet, exit immediately.
- Damaged trails result in a poor trail surface and more frequent and extended closures.
- Don't be a selfish person that reduces others trail-use experience by using wet trails.

## Trail Difficulty Color Codes

Trail and sections are color coded. Pay close attention to the trail line you are selecting. When in doubt, walk any section to assure your skill level matches the trail requirements.

	White circle is Beginner Bike Rider. Riders will encounter the asphalt or concrete surface on the greenway. Uneven, non-level and non-stable surfaces may be present due to topography, roots and sand or water. Riders should be learning bicycle proficiency.
	Green circle is Beginner Mountain Bike Rider. Riders will encounter gravel, roots, rocks, dips and rises. Riders must be proficient at riding a bicycle.
	Blue Square is Intermediate. Riders will encounter all elements of Green Circle - Beginner AND narrow-elevated trail surfaces, large rocks and boulders, man-made jumps and drops. Riders must have significant Mountain Bike skills and experience.
	Black Diamond is Advanced. Riders will encounter all elements of Blue Square-Intermediate with all features being larger, higher and with less opportunity to avoid. Riders must have advanced Mountain Bike skills and experience.
	Double Black Diamond is Experts only. Riders will encounter highly difficult terrain, large drops and exposure to vertical ledges with narrow routes. Riders must have Expert Mountain Bike skills and experience.

**Trails may include side options that exceed marked rating.**

## Trail Etiquette

- Be friendly to everyone. This starts in the parking lot.
- Greet other trail users with a smile and “Hello”.
- If you see someone in need of help, help.
- Experienced riders should bring tools and equipment to conduct trail repairs. Bring extras for beginners.
- Bikes should have a bell to announce their presence to others. Everyone likes a bell.
- The greenway is an excellent resource for learning to ride a bicycle and for cruiser bikes, road bikes, etc. The trail is not. Please allow mountain bikers and cross-country runners to have a trail to enjoy.

Call 911 to report any illegal activity.

Call (252) 972-1411 to report any suspicious activity.

Call (252) 972-1151 to report needed trail repair and to volunteer for workdays.